



## 2022 ANNUAL REPORT



**To Help People  
EMPOWER  
Themselves**



## Heart Centered Leadership, Why?

From the CEO

Civic Heart's work is grounded in heart-centered love in action to improve and enrich the quality of life for others. We act to end HIV, reduce teen pregnancy, prevent substance misuse. We act to end homelessness, ensure people have access to healthcare, and provide mental health treatment and support. We act to keep young people from involvement in the justice system, to help people gain skills that provide a pathway to high-wage employment.

These problems aren't easy to solve, and we can't do it alone. We rely on others like you who recognize we all have a common kinship that requires we delight in one another, help one another, and create a community that is equitable and just with good life outcomes for all.

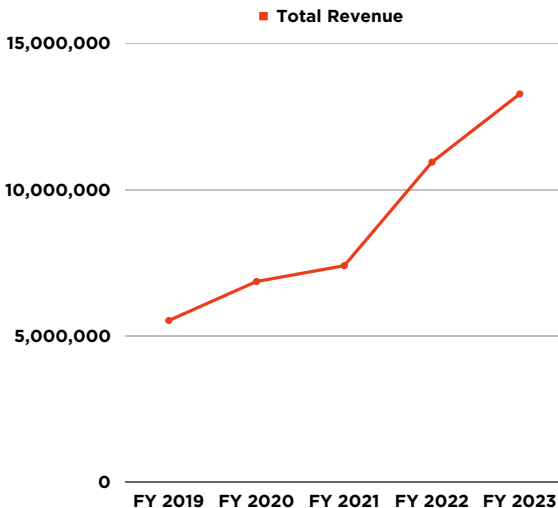
We humbly ask for your support today.  
**Visit [CivicHeart.org](http://CivicHeart.org) to donate.**



*"Congratulations on your selection as an Impact Award winner. The work that your organization has led in Houston for decades continues to get stronger by the day and we're very pleased to have you and your team join this inaugural cohort."* Foundation Donor

## 2022 At a Glance

**240% increase in community investment since 2019**



**287** volunteers

**150** agreements with a wide range of partners

**75** culturally diverse employees

**25** programs in 59 Texas counties



To be the fearless heart of the community where lives are valued and elevated, inclusion is celebrated, and our community is inspired.

Civic Heart Community Services takes a holistic approach to addressing the issues faced by people in our community. We meet them where they are, in honor and respect, to make a meaningful impact and help people empower themselves.

## Poverty

**19.5%** Houstonians living in poverty versus 11.6% of U.S. population

Civic Heart's Self Sufficiency Program led to industry-recognized certification for 200 adults at risk of becoming dependent on public assistance. We connected 160 program graduates to employment.

## Homelessness

**21K+** people in Harris, Fort Bend and Montgomery counties receiving homeless services

In 2022, Civic Heart placed 72 persons experiencing homelessness in permanent housing, linked people to essential supportive services, and increased people's skills to maintain housing.

## Opportunity Youth

**14.3%** Percent of 16-to-24-year-olds in the Houston area who are disqualified from conventional paths to adulthood

We placed 5,800+ youth in after-school and summer enrichment and prevention programs, including mentoring, community service, civic engagement and volunteer opportunities.

## Juvenile Justice

**50,000** Texas juveniles arrested or referred to probation

Re-arrest within 3 years **75%**

95% of 185 justice-involved girls did not re-offend after completing Civic Heart's nationally recognized VOICES program.

## Health Insurance

**22%** Harris County residents under 65 without health insurance, twice the national average

Civic Heart Health Insurance Navigator Program assisted in enrolling over 2,180 people in a Qualified Health Plan in 2022 and reached 20 million people through Outreach and Education.

## HIV

**28,592** Houstonians living with HIV in 2020

Testing is the first step to HIV prevention.

In 2022, we tested 937+ people for HIV. We linked 100% of HIV-positive patients to care.

## Mental Illness

**1 in 25** Americans live with a serious mental illness, half of whom receive no help with their disorder.

Civic Heart arranged an in-school mental health professional for youth reporting anxiety and depression.

## Teen Pregnancy

**22.1%**

The Harris County observed teen birth data per 1,000 females aged 15-19 from 2003 through 2020, ranking Texas 9th highest in the U.S. The state ranks #1 for highest repeat births in this age group.

Annually, Civic Heart provides evidenced-based programs to 2,900+ youth so they develop core skills to avoid behaviors that place them at risk for teen pregnancy.

## Substance Misuse

% of Houston-area students in grades 7-12 reported :

**31%** drinking alcohol or using marijuana.  
**12%** abusing prescription drugs

Each year, Civic Heart provides evidenced-based prevention programs to 5,273 youth ages 6-17.

*"There is no such thing as a single-issue struggle because people do not live single-issue lives."* Audre Lorde

## SOCIAL WORK

Civic Heart provides accredited field placement and practical workforce training to graduate and undergraduate social work students from:

- Baylor School of Social Work
- Boston University
- California State University Northridge
- Florida State University
- Texas State Affiliation
- Texas Southern University
- UT Rio Grande Valley
- UT Arlington
- UH Graduate College of Social Work
- UH Downtown
- UH Clear Lake

*"You helped my family learn to be self-sufficient. Today I am a General Manager of a worldwide food chain and I also own my own food business and catering service. My children all graduated high school and went on to continue to better their lives."*  
Parent

*"I have been a volunteer tutor with Civic Heart, formerly Change Happens, for over a decade. My passion is tutoring and working with the organization's youth."*  
Volunteer

## OUR TEAM

Helen Stagg  
Chief Executive Officer

Erica Davis  
Chief Operating Officer

Angelica Castillo  
Chief Financial Officer

Kelva Clay  
Program Director

Sujeeta Menon  
Program Director

Jeness Sherrell  
Program Director

Marcus Brewer  
Development Director

Kenyetta McGowens  
Program Administrator

Candy Brown  
Rescue In Motion and STAIRS 2.0  
Program Coordinator

Samuel Brown  
HIV Prevention and Wellness  
Program Coordinator

Trinell Davis  
Volunteer Coordinator

Demarcus Foster  
Northern Third Ward Program  
Manager

Terrance Frazier  
Rescue Youth Program Coordinator

Kira Promise  
Self Sufficiency Program  
Coordinator

Stacey Thompson  
ACA Navigator and Connecting Kids  
to Coverage Program Coordinator

Vanecia Weathersby Gray  
Mentoring & Juvenile Justice  
Program Coordinator

## Board Members

Vanessa T. Reed  
Board Chairperson

Debbie Salazar  
Board Secretary

Marian Cabanillas  
Janette Hammond  
Jené Guess Cash  
Jennifer Kalvaitis  
Carl Townsend Kidd  
Deborah Boone

Tim Stuhlfreyer  
Reva Witherspoon  
Helen Stagg



[www.CivicHeart.org](http://www.CivicHeart.org)